

Dear Cape Branch Members,

When you visit *Fiera Milano's*, "Good Food and Wine Show", which opens at the Cape Town ICC today, Thursday 29 May, pop in at stand I 16 for a visit.

There you will find a SAAFoST colleague, who you will probably know, promoting the Food Advisory Consumer Service (FACS).

This is the service that you, the food science professional, through your membership of SAAFoST, provide for consumers and other interested parties who want reliable and scientifically correct information on contentious and topical food and nutrition issues. After you have refreshed your knowledge and appreciation of FACS and collected a few leaflets for family and friends, ask the dietician on the stand for some free advice on nutrition. The Association for Dietetics in South Africa (ADSA) is a FACS partner and will be sharing the stand - we will be promoting good science and good sense together!

The Good Food and Wine Show opens at 09:30 daily, closes at 21:00 and runs until 18:00 on Sunday. Thanks to SAAFoST and ADSA volunteers for manning the stand and *Fiera Milano* for being very accommodating.
It's Showtime!

Regards,

OJF
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Member Website: <http://www.saafost.org.za/>
Consumer Website: <http://www.foodfacts.org.za/>
Congress Website: www.saafost2013.org.za/

