Speaker biography

Biography of Vusi Mshayisa

Vusi holds a MSc degree from Wageningen University (WUR) and a MTech degree from CPUT. Mr Mshayisa is a lecturer at the Department of Food Science and Technology at the Cape Peninsula University of Technology (CPUT). He is currently finishing his PhD at CPUT with research experience in Maillard reaction, natural antioxidants, lipid oxidation, mustard expansion, polyphenols, edible insect protein and structural analysis. He has worked for several companies including Kerry, Nestle, Bokomo and Unilever.

Vusi has a passion for student development and the use of innovative teaching and learning tools to prepare students for the 4th industrial revolution. He is a member of SAAFoST Cape Branch and actively involved in MySAAFoST.

Topic: Online Assessments: what makes a successful student?

Abstract

COVID-19 disruption forced higher learning institutions in South Africa and globally to make a massive shift in their approach to teaching and learning (T&L). The unanticipated move from traditional teaching and learning to remote teaching and learning has been hard on students. They are facing challenges navigating new systems and online assessments. There are several aspects students in Food Science and Technology courses should consider, including time management, technology requirements and the ability to learn without direct, in-classroom guidance. Today's workplace is dependent on technology and driven by global competition, it requires graduates to be equipped with academic knowledge, demonstrate the ability to learn, solve problems and communicate effectively. Therefore, there is a need to equip undergraduate Food Science and Technology students with skills and habits to study and take online assessments.

In this session learn about:

- **Effective time management skills to succeed in online assessments**
- **How to avoid procrastination**
- **Setting realistic goals in your studies**
- **Strategies to cope with online assessments**